RADHE HARI GOVERNMENT POST GRADUATE COLLEGE, KASHIPUR

DEPARTMENT OF HOME SCIENCE

TIME-TABLE (2023 -24) EVEN SEMESTER

w.e.f. - Dated 18 / 01 /202 4

Days	Classes	10:00-10:45	10:45-11:30	11:30-12:15	12:15-01:00	01:00-01:45	01:45-02:30	02:30-03:15	03:15-04:00
	BA II Sem.			Theory				The second secon	The Age to the translation over the translation of the con-
Mon	BA IV Sem.			THEOLY					
	BA III Year	Practical III Year					Theory		
Tue	BA II Sem.			Theory					
	BA IV Sem.			meory					
	BA III Year	Practical III Year				ETC.	Theory		
Wed	BA II Sem.			Practic	ral II Sem.				
	BA IV Sem.			Fraction	ai ii Jeiii.				
	BA IIII Year	Theory					Theory		
	BA II Sem.	•		Practic	al II Sem.				
	BA IV Sem.			riccu	ai ii Jeiii.		T		
	BA III Year	Theory					Theory		
Fri	BA II Sem.			Theory					
	BA IV Sem.						Des eties	Inte	
	BA III Year	Theory					Practica	IV Sem.	
Sat	BA II Sem.	-		Theory				1	
	BA IV Sem.				, , , , , , , , , , , , , , , , , , ,	190	Desetion	I m./ C	
	BA III Year	Theory					Practica	I IV Sem.	

BA II Sem.	Introduction to Clothing and Textile and Family Resource Management
BA IV Sem.	Nutrition Through Life Span And Human Development
BA III Year	Paper I Housing and Interior Decoration
	Paper II Human Development

Principal's Signature

(B)

Head of Department (Home Science)

RADHE HARI GOVERNMENT POST GRADUATE COLLEGE, KASHIPUR

DEPARTMENT OF HOME SCIENCE

TIME-TABLE (2023-24) ODD SEMESTER

w.e.f. - Dated 05/October/2023

Days	Classes	10:00-10:45	10:45-11:30	11:30-12:15	12:15-01:00	01:00-01:45	01:45-02:30	02:30-03:15	03:15-04:00
	BA I Sem.		-	Theory			State of the state	And the second s	05.15 04.00
Mon	BA III Sem.			Theory					
	BA III Year	Practica	l III Year				Theory		
Tue	BA I Sem.			Thoony					
	BA III Sem.			Theory					
	BA III Year	Practica	III Voor				Theory		
Wed	BA I Sem.	- Tractical	ill Teal	D 4:					
	BA III Sem.			Practi	cal I Sem.				
	BA III Year	Theory					Theory		
Thur	BA I Sem.	THEOLY							
	BA III Sem.			Practio	cal I Sem.				
	BA III Year	Theory					Theory		
Fri	BA I Sem.	THEOLY		71					
	BA III Sem.			Theory					The second secon
	BA III Year	Theory					Practical	III Sem.	
Sat	BA I Sem.	Theory							
Jut	BA III Sem.			Theory					
-	BA III Year	Theory					Practical	III Sem.	
-	DA III Tear	Theory	Security when the security is a security of the security of th						

BA I Sem. NEP-2023	Fundamental of Nutrition and Human Development	
D 4 111 0	Housing, Interior Decoration and Extension Education	
D	Paper I Housing and Interior Decoration	
	Paper II Human Development	

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Principal's Signature

Head of Department (Home Science)

R.

RADHE HARI GOVERNMENT POST GRADUATE COLLEGE, KASHIPUR

DEPARTMENT OF HOME SCIENCE

TIME-TABLE (2022-23) SEMESTER/YEAR

w.e.f. - Dated 6 /9 /2022

Days	Classes	10:00-10:45	10:45-11:30	11:30-12:15	12:15-01:00	01:00-01:45	01:45-02:30	02:30-03:15	03:15-04:00
	BA I Sem.			Theory					
Mon	BA II year						Theory		
	BA III Year	Practica	il III Year				THEOLY		
Tue	BA I Sem.			Theory					ę
	BA II year			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			Theory		
	BA III Year	Practica	il III Year				THEOLY		
Wed	BA I Sem.			Practic	al I Sem.				
	BA II year					 	Theory		
	BA III Year	Theory					Theory		
Thur	BA I Sem.			Practic	al I Sem.	 			
	BA II year			- Truckie	di i sciii.		Theory		
	BA III Year	Theory					Theory	· .	
Fri	BA I Sem.			Theory					
- Landing and American America	BA II year						Drastical	11.1/	
	BA III Year	Theory					Practical	II Year	
Sat	BA I Sem.	1	_	Theory		-			
- Annual Control	BA II year						Dan etitud	11.1/-	
	BA III Year	Theory					Practical	II Year	

BA I Sem. NEP-2023	Fundamental of Nutrition and Human Development		
BA II Year 2022		. 1	
BA III Year	Paper I Housing and Interior Decoration		
	Paper II Human Development	\sim	

Principal's Signature

Head of Department (Home Science)

AISHE CODE: C-21911 RADHEY HARI GOVERNMENT PG COLLEGE KASHIPUR (US NAGAR)

TEACHING PLAN-DEPARTMENT OF HOME SCIENCE SESSION:2023-24

TASS: BA	The second secon	SEMESTER: 1 Sem SESSION:2023-	-24	
VAME OF PAPE	NAME OF TAXABLE PARTY.			
MONTH	WEEK	TOPICS	NO OF LECTURES	REMARKS
AUGUST	1			
***************************************		Traditional home science and it's relevance in current era.	3	Offline
	3	Contribution made by Indian home scientist i.e. M. Swaminathan , C.V Gopalan , S.K. Dey , Ravindra Nath Tagore etc.	3	11
		Cell, digestive system, secretary system and circulatory system.	4	11
SEPTEMBER	4	Cardiovascular system , excretory system and circulatory system.	4	11
SEPTEMBER		Food and nutrition, food meaning, classification and function and food groups.	4	п
	3	Mutrients - macro (carbohydrate , fat , protein and energy).	4	11
		Nutrients - micro (vitamin and Minerals) sources , functions and deficiency. diseases	4	u .
OCTOBER	4	Cooking methods - (dry and moist heat method).	3	11
OCTOBER	2	Preliminary preparations traditional methods of enhancing nutrition value of foods.	4	"
	3	Introduction of Human development , stages of development.	4	11
	4	Principles of growth and development, determinations of development	3	Online
NOVEMBER	1	Prenatal development, conception pregnancy, problems of pregnancy, stages of prenatal state.	4	Offline
	2	Birth process and types of delivery.	2	11
	3	Physical appearance and capacity of newborn.	3	II .
	4	Maternal and infant mortality, reasons agencies and programs working for maternal and child welfare.	4	11
DECEMBER	1	Development tasks during infancy , physical and motor development.	4	II.
	2	Development task during early childhood.	3	11
	3	Docial and emotional development.	2	11
	4	Cognitive and language development.	3	. "
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CLA	: 22	BA I CALL	ESSION:20	23-24
		NAME OF THE PAPER: 1: Human Development 2. Housing and Interior Decoration		,
MONTH	WEEK	TOPICS	NO OF LECTURES	Pleadaire
AUGUST	1			,
	2	Adolescent- meaning, stages, physical, social, cognitive and personality development characteristics and problems in adolesant age.	2	
	3	Principals of development.	2	
	1 4	Determines of human development- heredity and environment	3	
SEPTEMBER	1	Guidance and counselling	3	
	2	Early adulthood: personal and social adjustment, development in adulthood.	3	
	3	Miciolle age- Adjustment in family and social life. Changing in physical and mental behaviour.	4	
	4	Old age: physical changes, problem of physical and mental and adjustment with family, gender gap.	4	
OCTOBER	1	Various type of theories of development	3	
	2	Rural extension services for community	4	
	3	Children's right and national policy for children's	3	
	4	Demography of children in India, children children with his special needs	3	
VOVEMBER	1	Behaviour problem in children children Juvenile children	3	
	2	Family and child welfare services	3	
	3	House: Introduction, meaning, definition difference between home and house.	4	
		determination of selection a house house objective of house	4	100
NECEMBER	1	House: Function of house, factor of effective house.	4	
	2	House site: selection of house site, physical feature of site.	3	1
		Furniture: types of furniture, importance of furniture and arrangement of different room furniture.	3	•
	3	House site: selection of house site, physical feature of site.	2	
ANUARY		House Constructions planning type of map for building Constructions	3	
ANUANT		Principles of house Constructions planning different residential space in a house	3	
		Planning house for different income group- high income group, medium income group and low income group	4	
	-	Furniture: types of furniture, importance of furniture and arrangement of different room furniture.	4	
BRUARY	1 E	lements of art line safe texture colour pattern light and space.	3	
		rincipals of design proportion balance Rhythm Emphasis harmony	3	
	3 F	urniture: types of furniture, importance of furniture and arrangement of different room furniture.	4	
	4 B	uilding material	3	
MARCH		sterior designing introduction to interior designing importance of good taste objective of interior ecoration	4	
	2 A	ccessories for interior decoration wall painting mirror wallet scotcher and antique piece	2	
	3 1	ower arrangement: types of flower arrangement, importance of flower arrangement, principles of ower arrangement.	3	And the second second
	4 Fu	rnishing: curtain, wall covering atc.	2	Tipo and the same
PRIL	1 Cc	nst of house building and is stations for housing finance	3	10000
	2 Hc	ouse plan and architectural symbols, planning of rooms for different activities.	3	
	-	ndscape gardening.	3	SCOTON
		DS UNICEF CARE RED CROSS Society.	2	
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RADHEY HARI GOVERNMENT PG COLLEGE KASHIPUR (US NAGAR) AISHE CODE: C-21911

TEACHING PLAN-DEPARTMENT OF HOME SCIENCE

CLASS: BA

SEMESTER: 3rd Sem

SESSION:2023-24

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MONTH	WEEK	TOPICS	NO OF LECTURES	REMARKS
AUGUST	1	· N		
	2	House: Introduction, meaning, definition, difference between home and house.	2	
	3	House:	2	4
	4	House site: selection of house site, physical feature of site.	2	
SEPTEMBER	1	House Constructions plannling, type of map for building Constructions	4	
	2	House plan and architectural symbols, planning of rooms for different activities.	3	
	3	Planning house for different income group- high income group, medium income group and low income group	4-	
	4	Building material	3	
OCTOBER	1	Furniture: types of furniture, importance of furniture and arrangement of different room furniture.	3	
	2	Planning house for different income group- high income group, medium income group and low income group	4.	ì
ì	3	House plan and architectural symbols, planning of rooms for different activities.	3	
	4	Elements of art- line safe texture colour pattern light and space.	2	
NOVEMBER	1	Principals of design proportion balance Rhythm Emphasis harmony	4	1
Ì	2	Principles of house Constructions planning different residential space in a house	4	-
	3	Colour theory and colour schemes	3	
	4	Interior designing introduction to interior designing importance of good taste objective of interior decoration	3	
DECEMBER	1	Accessories for interior decoration wall painting .	3	
	2	Flower arrangement: types of flower arrangement, importance of flower arrangement, principles of flower arrangement.	4	
	3	Furnishing: curtain, wall covering atc.	4	
		Principle of art.	3	

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		TEACHING PLAN-DEPARTMENT OF HOME SCIENCE		
11455: 54		SEWIESTIER: 1 Sem SESSION:2022-7	23	
MATME OF 1905				
WCMT4	MEK	TOPICS	NO OF LECTURES	REMARKS
MELS	1			
		Traditional home science and it's relevance in current era.	3	
	3	Contribution made by Indian home scientist i.e. M. Swaminathan , C.V Gopalan , S.K. Dev , Ravindra Nath Tagore etc.	3	
	42	(Tell _ digestive system , secretary system and circulatory system.	4	
	1	Cardiovascular system, excretory system and circulatory system.	4	
	2	Fixed and nutrition, food meaning, dassification and function and food groups.	4	
	3	Nutrients - macro (carbohydrate , fat , protein and energy).	4	
	4	Nutrients - micro (vitamin and Minerals) sources , functions and deficiency.	4	
CITCHET	1	Cooking methods - (dry and moist heat method).	3	
		Preliminary preparations traditional methods of enhancing nutrition value	4	
	<u> 2</u>	of foods. Introduction of Human development , stages of development.	4	
	3	Principles of growth and development, determinations of development		
	4	heredity and environment. Prenatal development, conception pregnancy, problems of pregnancy,	3	
NOVEWBER	1	stages of prenatal state.	4	
	2	Birth process and types of delivery.	2	
	3	Physical appearance and capacity of newborn.	3	
		Maternal and infant mortality , reasons agencies and programs working for	4	
	4	maternal and child welfare.	-	
DECEMBER	1	Development tasks during infancy , physical and motor development.	4	
	2	Development task during early childhood.	3	
	3	Docial and emotional development.	2	
	Æ	Cognitive and language development.	3	

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RADHEY HARI GOVERNMENT PG COLLEGE KASHIPUR (US NAGAR) AISHE CODE: C-21911 **TEACHING PLAN - DEPARTMENT OF HOME SCIENCE** YEAR: BA SESSION:202 22 **CLASS:** 3 year NAME OF THE PAPER: 1: Human Development 2. Housing and Interior Decoration TOPICS WEEK NO OF REMARKS MONTH **LECTURES AUGUST** 1 Adolescent- meaning, stages, physical, social, cognitive and personality development characteristics and problems in adolesant age. 2 Principals of development. 2 3 3 Determines of human development- heredity and environment 4 SEPTEMBER 3 Guidance and counselling 3 Early adulthood: personal and social adjustment. development in adulthood. 2 4 Middle age- Adjustment in family and social life. Changing in physical and mental behaviour. 3 Old age: physical changes, problem of physical and mental and adjustment with family, gender gap. 4 4 OCTOBER 3 Various type of theories of development 1 4 Rural extension services for community 2 3 Children's right and national policy for children's 3 3 Demography of children in India, children children with his special needs 4 3 Behaviour problem in children children Juvenile children NOVEMBER 1 3 2 Family and child welfare services 4 House: Introduction, meaning, definition difference between home and house. 3 4 determination of selection a house house objective of house 4 4 House: Function of house, factor of effective house. DECEMBER 1 3 House site: selection of house site, physical feature of site. 2 Furniture: types of furniture, importance of furniture and arrangement of different room furniture. 3 3 2 House site: selection of house site, physical feature of site. 4 House Constructions planning type of map for building Constructions 3 JANUARY 1 3 Principles of house Constructions planning different residential space in a house 2 Planning house for different income group- high income group, medium income group and low income 4 group 3 Furniture: types of furniture, importance of furniture and arrangement of different room furniture. Δ 4 3 Elements of art line safe texture colour pattern light and space. **FEBRUARY** 1 3 Principals of design proportion balance Rhythm Emphasis harmony 2 Furniture: types of furniture, importance of furniture and arrangement of different room furniture. 4 3 3 **Building** material 4 Interior designing introduction to interior designing importance of good taste objective of interior MARCH 4 1 Accessories for interior decoration wall painting mirror wallet scotcher and antique piece 2 2 Flower arrangement: types of flower arrangement, importance of flower arrangement, principles of 3 3 flower arrangement. 2 Furnishing: curtain, wall covering atc. 4 3 Cost of house building and is stations for housing finance APRIL 1 3 House plan and architectural symbols, planning of rooms for different activities. 2 3

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Landscape gardening.

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RADHEY HARI GOVERNMENT PG COLLEGE KASHIPUR (US NAGAR) AISHE CODE:

TEACHING PLAN -DEPARTMENT OF Home Science

CLASS: B.A YEAR: IL Year SE
NAME OF THE PAPER: I fundamntal of Food and Nutrition, paper- II Human Development

SESSION:2022-23

MONTH	WEEK	TOPICS	NO OF LECTURES
AUGUST	1		LECTORES
	2		
	3	Food- meaning, Classification and function and food groups	
	4	Nutrition-Concept of Nutrition, types of nutrients.	
SEPTEMBER	1	Nutrients-Macro -Carbohydrates, Fat, Protein	
	2	Micro -Vitamins	
	3	Minerals	1
	4	Water and Sallulose	
OCTOBER	1	Micro -Vitamins	
	2	Food groups	
	3	Meal Planing, principle, factoers	
	4	Cooking Methods-Objectives, Preliminary preparations	4
NOVEMBER	1	Food Priservation, Principle	ž.
	2	cognitive and personality development characteristics and	ı
	3	Vegetables and fruits	
	4	Guidance and counselling	
DECEMBER	1	problems in adolesant age.	
-	2	Introduction to Human Development , Concept, Definition , Domai	
	3	Deitary plan for defrent age	
	4	Stages of development.	
JANUARY	1	Principles of Growth and Development.	
	2	Prenatal Development and Birth Process	
	3	Conception, Pregnancy and Childbirth, Problems of Pregnancy,	
		Stages of prenatal development, Factors affecting pre-natal	
	4	development	
FEBRUARY	1	Infancy: Developmental task during Infancy and Preschool Stage,.	
	2	Cognitive and language development,	tigg of Salada degree a later to 1 only because covery companies between the later to the salada degree of the sal
		Early Childhood (Pre-school) years: Developmental Tasks during	tinas titus agait o biologicismos landos este anno es no est
	_	1	
	3	Early Childhood. Determinants of Development-heredity and environment	and the second s
	4		the second to th
MARCH	1	Physical and Motor Development, Play, Meanig and Definition, types of play, importans. Difrence in	
		· ·	
	2	work and play.	
	3	Common ailments of babyhood.	
	4	Determines of human development- heredity and environment	
APRIL	1	Socaity wefare Programme	And are all and the second
	2	ICDS, , CARE , DWACRA	The second secon





and the state of t	3	Adolescent- meaning, stages, physical,	
-	A	Social and emotional development	

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