

CURRICULUM VITAE

ASHOK UPRETI



ADDRESS-VILLAGE-BHATT NAYAL JYULA,
POST OFFICE- MANAN, TEHSHIL-SOMESHWAR
DISTT-ALMORA, UTTARAKHAND, INDIA

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CAREER OBJECTIVE

To contribute towards the growth of the organization I get associated with to the best of my abilities and work on my personal as well as professional growth simultaneously.

EDUCATIONAL QUALIFICATIONS

- **MASTER IN ARTS (M.A.) DEGREE IN PSYCOLOGY**
First division, Uttarakhand Open University, Haldwani, Nainital
M. B. Govt. P.G. College
Haldwani, Nainital (2022)
- **MASTER IN ARTS (M.A.) DEGREE IN ENGLISH LITERATURE**
First Division, Uttarakhand Open University, Haldwani
M.B.Govt. P.G. College
Haldwani, Nainital (2015)
- **MASTER IN EDUCATION (M.Ed.)**
First division, Himanchal Pradesh University, Shimla
Himanchal Pradesh University
Shimla (2012)
- **BACHELOR IN EDUCATION (B.Ed.)**
First Division, Himachal Pradesh University, Shimla
Himanchal Pradesh University
Shimla (2011)
- **BACHELOR IN SCIENCE (B.Sc.) DEGREE IN CHEMISTRY**
Second Division, Kumaun University, Nainital
S. S. J. Campus Almora
(2007)
- **INTERMEDIATE (12th)**
Second Division, Uttarakhand Board, Ramnagar
G. I. C. Bhagtola, Almora
(2004)
- **HIGH SCHOOL (10th)**
Second Division, Uttar Pradesh Board, Prayagraj
G. I. C. Manan, Almora
(2001)

NATIONAL & STATE LEVEL EXAMS

- Qualified **National Eligibility Test (UGC-NET)** two times in Education (**June 2012**) and (**December 2012**).
- Qualified **Uttarakhand State Eligibility Test (U-SET)** in Education (**November 2017**).

TEACHING EXPERIENCE

Assistant Professor

08/12/2016-Current

R. H. Govt. P. G. College Kashipur
Kumaun University Nainital, Uttarakhand, India

Responsibilities:

- Guide students to use of technology in Education.
- To guide students how to use the skills in Teaching.
- Guide students to use of various Methods in Teaching

Assistant Professor

01/08/2013—07/12/2016

Inspiration College of Teacher Education Haldwani
Kumaun University Nainital, Uttarakhand, India

Responsibilities:

- Guide students to use of technology in Education.
- To guide students how to use the skills in Teaching.
- Guide students to use of various Methods in Teaching.

SPECIALIZED TRAININGS/PROFESSIONAL DEVELOPMENT

- **National workshop** on ‘**Computer in Chemistry**’ organized by S. S. J. Campus Almora for three days (**November 2007**).
- A dissertation on “**Effectiveness of Right to Education Act 2009 in Primary and Upper Primary Schools of District Almora: An Evaluation study**” (Research work during M.Ed.2012).
- **National workshop** (Short Term Course) on ‘**National Curriculum Framework for Teacher Education**’ organized by Department of Education, S. S. J. Campus Almora for six days. (**September 2014**).

- National Seminar on **‘Violence against Women: Current Challenges and Future Trends’** for two days. **(December 2014).**
- National Seminar on **‘National and Regional Perspective for Quality Teacher Education: Ways and Means’** for two days. **(February 2015).**
- **International seminar on ‘Role of E-Learning in Quality Education’** organised by R. H. Govt. P. G. College Kashipur (Uttarakhand) for two days. **(February 2015).**
- National Seminar on **‘पर्वतीय क्षेत्रों में उच्च शिक्षा की समस्या एवं संभावना’ (The Problem and the Possibility of Higher Education in the Mountainous Region)** for two days **(November 2015)**
- National Seminar on **‘Ageing & Health Care in India: Issues & Challenges’ (with Special References to Rural and Mountain Areas)** for two days. **(December 2015).**
- National workshop on **‘Orientation for Transacting New Teacher Education Curriculum’** for two days. **(December 2015).**
- National Seminar on **‘Indian Culture: Prospects and Challenges’** for two days. **(December 2015).**
- National workshop on **‘Building Awareness on Intellectual Property Rights in Higher Education’** for a day. **(04 April 2016).**
- National workshop on **‘Technology Enabled Education’** for a day. **(26 July 2016).**
- National workshop on **‘Prevention of Alcohol and Drug Abuse in the Family, Schools/Colleges and Community’** for two days. **(January 2019).**
- National Seminar on **‘Career Counselling in Dynamic World: Issues and Challenges’** for two days. **(April 2019).**

- National workshop/Awareness Programme jointly organised by ‘**Internal quality Assurance Cell Kumaun University Nainital & National Assessment and Accreditation Council, Bengaluru**’ for a day. (01 May 2019).
- National Conference on Skill Development and self-reliant India organised by ‘**S.B.S. Govt. P. G. College Rudrapur, Kumaun University Nainital**’ for two days (23-24 March 2021).
- International Seminar on ‘**Role of Education, Litreture, Culture and Society in Global Development**’ organised by L. S. M. Govt. P. G. College Pithoragarh (Uttarakhand) for two days (13-14 November 2022).
- International Seminar on ‘**Disabled Rehabilitation Challenges and Opportunities**’ organised by R. H. Govt. P. G. College Kashipur (Uttarakhand) for two days for two days (03-04 December 2022).
- National Seminar on ‘**Girl Child Education, Security and Self Reliance**’ organised by M. B. Govt. P. G. College Haldwani (Uttarakhand) for two days (27-28 February 2023).

PUBLICATIONS/JOURNAL ARTICLES

- **Upreti, Ashok** and **Kandpal Dinesh Chandra** (June 2016) *The Effectiveness of the RTE Elementary Schools of Uttarakhand*, (KAAV INTERNATIONAL, Journal of Arts, Humanities & Social Sciences) VOL-3, ISSUE-2, PAGE-295-298, ISSN-2348-4349.
- **Upreti, Ashok** and **Thakur S. Surjeet**, (September 2016) *A Study of Perceptions of Elementary Teachers of RTE Act in Uttarakhand*, (KAAV INTERNATIONAL, Journal of Arts, Humanities & Social Sciences) VOL-3, ISSUE-3, PAGE-17-19,ISSN-2348-4349.
- **Upreti, Ashok Singh S.** and **Sharma Meena**, (May 2019) *The Impact of ICT on Education: Current trends and Future Prospects*. (SHODMANTHAN, UGC Approved Journal, N0-40908) VOL-10, ISSUE-8, PAGE -24-28, ISSN-0976-5255.

- Upreti, Ashok and Manral Bheema, (December 2022) *The Knowledge of Elementary School Teachers of Udham Singh Nagar towards Theoretical Knowledge of Inclusion and its Principles.* ('Aadhunik Sahitye' UGC Approved Care Listed Journal) VOL-44, PAGE - 388-398, ISSN 2277 – 7083.
- Upreti, Ashok and Manral Bheema, (March 2023) *The Perceptions of Elementary School Teachers Towards Inclusive Education of Children with Special Needs of District Almora.* ('Shodh Disha' UGC Approved Care Listed Journal) VOL-61/4, PAGE -465-473, ISSN 0975-735X.

PUBLICATIONS/EDITED CHAPTERS

- Upreti, Ashok and Manral Bheema, (2021) **भारत में अध्यापक शिक्षा: समस्याएँ तथा समाधान** (भारतीय शिक्षा नीति 2020 एवं अध्यापक शिक्षा) PAGE -167-178, ISBN 978-93-89043-95-2 सत्यम पब्लिशिंग हाउस, नई दिल्ली.
- Upreti, Ashok and Manral Bheema, (2022) *Inculcate Human Values among 'Future Teacher' Through Effective Teaching in Kumaun University Nainital (HUMAN VALUES & HUMAN RIGHT AMIDST COVID-19 PANDEMICS)* PAGE -21-29, ISBN 978-93-91377-16-8, Indu Book Services Pvt Ltd New Delhi.

NOTABLE EXTRA CURRICULAR ACHIEVEMENTS

- Participated in a Science Exhibition at Block level (2004) and co-curricular activities such as preparing teachings aids like models, charts and presentations, slogan writing, stage performances and other cultural activities.
 - Participated in All India Radio Program (Recording) at Almora 23 October 2018 on the topic **भारतीय शिक्षा का इतिहास** (History of Indian Education)
 - Guest Lecturer in District Institute for Education and Training (DIET) Rudrapur, Uttarakhand.
 - Guest Lecturers in Uttarakhand Open University, Haldwani, Uttarakhand.
 - Guest Lecturer in '*Use of Technology in Teaching and Learning*' at CITY LIBRARY HALDWANI, Uttarakhand on 7th May 2020.
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COMPUTER SKILLS

Good knowledge of MS-DOS, MS Windows, MS Word, MS Excel, MS Power-Point, Internet etc.

PERSONAL DETAILS

Father's Name	:	Mr. Rewa Dhar Upreti
Mother's Name	:	Smt. Chandra Upreti
Gender	:	Male
Date of Birth	:	14-Sep-1986
Marital Status	:	Married
Spouse's Name	:	Smt. Isha Upreti
Nationality	:	Indian
Hobbies	:	Reading, Listening Music, Playing Cricket
Personality Traits	:	Self-motivated, energetic, quick learner, Good communication skills

Date: 15-July-2023
Place: Haldwani, Nainital



(ASHOK UPRETI)